

## Sample Lifeguard Position Description

Job Title: **Lifeguard**

Reports to: Aquatic Director

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### **Principle Duty:**

Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a positive atmosphere that promotes safety and enjoyment in accordance with established policies and procedures.

### **Primary Functions:**

1. Exhibits all aspects of Rescue Ready while on duty.
2. Maintains constant surveillance of the pool area while on duty.
3. Follows Zone Coverage Plan
4. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with policies and procedures.
5. Maintains effective relationships with the members, participants and other staff.
6. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area.
7. Conducts the pool's swim testing procedures
8. Performs equipment checks and ensure appropriate equipment is available as needed.
9. Checks the pool for hazardous conditions when arriving.
10. Perform water quality tests during breaks as required, and immediately notifies the pool operator of any concerns.
11. Attends all staff meetings and training as required.

### **Qualifications & Certifications:**

1. Minimum age of 18 years (16 if guarding with other staff 18 y/o or older).
2. Certifications: CPR for the Professional Rescuer, AED, Basic First Aid certification.
3. Current YMCA Lifeguarding or Red Cross Lifeguarding certification.
4. Oxygen Administration certification.
5. Ability to maintain certification-level of physical and mental readiness.
6. Must demonstrate Lifeguard skills in accordance with certification's standards.

### **Physical Requirements:**

1. Ability to pass Lifeguard water test.
2. Must be able to remain alert.
3. Must be able to sit or stand for extended periods.
4. Ability to hear noises and distinguish distress signals.
5. Ability to continuously scan all areas of the pool with clear vision.
6. Ability to perform strenuous physical tasks necessary for a water rescue.
7. Ability to communicate verbally, including projecting voice across distance in normal and loud situations.